



## SIoux RIVERS REGIONAL MHDS

### GOVERNANCE BOARD MINUTES

TUESDAY, FEBRUARY 27, 2024

The Sioux Rivers Regional MHDS Governance Board met in person at the O'Brien County Courthouse in Primghar as well as via zoom for those unable to attend in person. Those in attendance via zoom and in person included: Abby Wallin, Crystal McHugh, Carl Vande Weerd, Don Kass, Sue Duhn, Kim Wermersen, Brenna Koedam, Denise Driesen, Cory Altena, Tammy Bruinsma, Beth Will, Kim Keleher, Joe Van Tol, Dan Ries, Dennis Vanden Hull, Kim Scorza, Tim Schumacher, Shawn Scholten, Todd Lange, Brianna Zandstra, Kimber Patterson, and Jami Van Voorst (arrived at 1:43pm).

**1. WELCOME AND INTRODUCTIONS-**

Wermersen welcomed the group to the meeting.

**2. APPROVE AGENDA-**

Vande Weerd made a motion to approve the agenda. Vanden Hull seconded the motion. The motion carried with all ayes.

**3. REVIEW AND APPROVAL OF 1/23/24 MEETING MINUTES-**

Kass made a motion to approve the minutes as provided. Bruinsma seconded the motion. The motion carried with all ayes.

**4. GENERAL DISCUSSION/UPDATES: INPUT FROM REGIONAL STAFF, PUBLIC, PROVIDERS, ETC.**

Altena shared he had attended "What I Wish My Parents Knew" presentation last week at Boyden Hull. It was a very good presentation about depression. A panel of providers presented. Koedam asked how many may have been in attendance. Altena thought there were about one hundred people in attendance. Koedam and Will shared that a similar panel was provided in Dickinson County to the area schools with well over one hundred people in attendance.

**5. FISCAL AGENT REPORT AND REGIONAL EXPENDITURES-**

Van Tol reported on the fiscal agent report. Vande Weerd made a motion to approve the report. Altena seconded the motion. The motion carried with all ayes. Duhn shared the region is at about 50% of the budget used through February.

**6. APPROVAL OF CLAIMS-**

Kass asked if there has been an uptick in usage with Flowstate. Duhn stated that all hospitals are now onboarded and as a result there has been an increase in usage. Schumacher made a motion to approve claims as listed. Driesen seconded the motion. The motion carried with all ayes.



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#### 7. FY23 AUDIT ENGAGEMENT LETTER-

Koedam stated the FY23 audit is being worked on and about done. The Auditor needs an engagement letter to finish. Vanden Hull made a motion to approve signing the letter. Schumacher seconded the motion. The motion carried with all ayes.

#### 8. KEVIN HINES UPDATE-

Koedam provided an update on Keven Hines. The contract has been signed. A call with Kevin Hines is scheduled for Thursday. The hosts, Koedam, and Duhn will be on that call. There will be four performances over the two days. Sibley Ocheyedan will also be bringing some kids because there is extra space due to some of the schools backing out. Koedam will reach out to Dordt as well as Hull to see if they have students who wish to attend. Koedam presented on the number of students coming to each presentation. Koedam is still moving schools around as numbers get finalized. All Governance Board members are welcome to attend, as well as Advisory Board members and school guidance counselors.

#### 9. FUNDING REQUESTS-

Koedam discussed funding requests. Spirit Lake Schools requested money for Teen Yoga Camp totaling \$800. The kids will be learning mindfulness. Bruinsma made a motion to approve the request. Driesen seconded the motion. Kass was not in favor of yoga. Schumacher did state mental health comes in many shapes and sizes. Motion carried with majority aye. Kass nay. **Total Approved \$800.00**

Koedam discussed the LifeSkills Training Center request. The request includes an Annual TV campaign, local radio, vehicle wrap, and 2 automatic doors. Vande Weerd made a motion to approve the annual TV campaign and local radio advertising. Van Voorst seconded the motion. It was discussed the vehicle wrap will come back to a meeting after more information is obtained, while the board discussed denying the doors as infrastructure. Vande Weerd is not in favor of the infrastructure items. Schumacher agrees with infrastructure but wonders if vehicle wrap advertises services. Kass agrees this is advertising. Vande Weerd would like more information on the wrap before approving it. Having a motion on the table, the motion carried with all ayes. **Total Approved \$7632.00**

Koedam discussed the additional request for training dollars with LifeSkills. The training LifeSkills is requesting is training for their CARF accreditation. Vande Weerd is worried about precedence when working through requests. Koedam is comfortable with the MANDT training and Relias as the region has paid for those trainings for other providers. Kass made a motion to approve the \$13,999 towards training costs. Altena seconded the motion. Vande Weerd would like a game plan going forward. Wermersen



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would take Koedam's recommendation. Koedam suggested approving the \$4136 towards RELIAS as well as MANDT training in the amount of \$5930. Schumacher does see the wrap of the vehicle as an advertisement as they can be seen more often than radio and tv ads. Wermersen asked for a vote on the original motion. Kass voted aye. The remainder voted nay. The motion was denied. Schumacher made motion to take Koedam's suggestion at \$4136 towards RELIAS and \$5930 towards MANDT training. Driesen seconded the motion. The motion carried with all ayes. **Total Approved \$10,066.00**

Koedam discussed the Sioux County Health Coalition funding request. The request is for Chalk the Walk for Mental Health in the amount of \$2,600 towards the campaign. This would be for all communities in Sioux County. Students, libraries, and businesses will be writing on the sidewalks. Schumacher did state one of Sioux Rivers missions has been destigmatization. He believes these falls into that. Schumacher made a motion to approve. Altena seconded the motion. The motion carried 6-3. **Total Approved \$2,600.00**

#### 10. STAFF SALARIES FOR FY 25-

Koedam is currently working on the FY25 budget and needs a decision on staff salaries. Schumacher says the cost of living is 3.2 so we should not be under that. Each County shared what their county had approved. Plymouth 3.75%, Sioux 4.5%, Lyon 3.2%, O'Brien 3-4%, Emmet 3%, Dickinson 4.29%. Kass made a motion to approve a salary increase of 3.75%. Vande Weerd seconded the motion. Schumacher said a lot of what we do is what we have to work with. He believes we have more to work with and we should. Wermersen thinks we should be more at 4% as does Schumacher. Kass withdrew his motion. Vande Weerd agreed to withdraw. Schumacher made a motion to approve a salary increase of 4.5% for FY25. Kass seconded the motion. The motion carried with all ayes.

#### 11. ADJOURN GOVERNANCE BOARD MEETING-

Vanden Hull made a motion to adjourn the meeting. Bruinsma seconded the motion. The motion carried with all ayes. The meeting adjourned at 2:24pm.

Sue Duhn, Secretary

A handwritten signature in cursive script that reads "Sue Duhn".

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