

The logo for Sioux Rivers Regional Mental Health & Disabilities Services is displayed on a white rectangular background. The text "Sioux Rivers" is in a large, bold, blue font. Below it, the text "REGIONAL MENTAL HEALTH & DISABILITIES SERVICES" is in a smaller, red, all-caps font. To the right of the logo, a hand is shown holding a wooden cutout of a family consisting of a man, a woman, and a child.

Sioux Rivers

REGIONAL MENTAL HEALTH & DISABILITIES SERVICES

FY25 ANNUAL SERVICE & BUDGET PLAN

SUBMITTED
04/01/2024

GEOGRAPHIC AREA: *Emmet, Lyon, O'Brien, Plymouth, Sioux*

APPROVED BY ADVISORY BOARD: 3/25/24.

APPROVED BY GOVERNING BOARD: 3/26/24.

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Introduction

Sioux River Regional MHDS was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 225C.57. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2025 Annual Service and Budget Plan covers the period of July 1, 2024, to June 30, 2025. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

Sioux Rivers Regional MHDS does not report any changes in counties in the region in the fiscal year covered by this plan.

Sioux Rivers seeks oversight from a Regional Governance Board and elicits input from both its adult and children's advisory boards. As outlined in the Management Plan, the Governing Board assumes responsibility and oversight of the entire mental health and disability service delivery system. The Board comprises the following directors:

- One County Board of Supervisors from each of the six counties (not to exceed 49%)
- One individual who utilizes the adult mental health and disability service system.
- One Individual who represents the adult services providers.
- One parent/guardian of a child receiving behavioral health and disability services, or actively involved in the life of said individual.
- One individual representing the educational system.
- One individual representing children's behavioral health and disability services provider.
- One person representing law enforcement.
- One person representing the judicial system.

FY25 Board Members:

Kim Wermersen, Board Chair	Don Kass, Board Vice Chair	Cory Altena
Tim Schumacher	Carl Vande Weerd	Dennis Vandenhull
Barry Whitsell	Jeff Jager	Kevin Maughan
Jamie Van Voorst	Tammy Bruinsma	Denise Driesen
Sherri Bootsma		

Sioux Rivers encourages stakeholder involvement by maintaining regional advisory boards which assist in developing and monitoring the plan, goals, and objectives identified for the adult and children's behavioral health and disability services, and to serve as a public forum for other related MHDS issues. The Advisory Boards are comprised by the following members:

FY25 Adult Advisory Board:

- Individuals who utilize mental health or disability services or actively involved relatives of such individuals.
- Mental Health and Disability Service Providers
- Regional Service Coordinator
- County Supervisor representative from the Governing Board of Directors
- Other interested community members

Dorthy Christensen, Advisory Board Chair	Tammy Bruinsma	Wade Koenen
Mike Martins	Brianna Zandstra	Cheryl Van Beek
Carl Vande Weerd	Barry Whitsell	Sara Sprock

Brenna Koedam

FY25 Children’s Advisory Board:

- Parent/Guardian or actively involved relatives of children receiving behavioral health or disability services.
- Educational system representative
- Early childhood representative
- Child welfare advocate
- Children’s behavioral health or disability services provider
- Representative of the juvenile court services
- Pediatrician
- Childcare provider
- Law Enforcement representative
- County Supervisor representative from the Governing Board of Directors
- Regional Service Coordinator

Denise Driesen
Brittany Funston
Kaisha Netten
Kim Schroeder

Megan Fretham
Don Kass
Shawn Olsen
Cheryl Van Beek

Brenna Koedam
Brenda Langstraat-Janisch
Crystal McHugh
LE-Open

A. Local Access Points

An access point is a part of the Sioux Rivers Regional MHDS service system trained to complete MHDS regional applications for persons with a disability.

Sioux Rivers has designated the following access points for adult mental health and disability services.

Access Point	Location	Contact Information
Sioux Rivers Regional MHDS-Sioux County	211 Central Ave SW PO 50 Orange City, IA	712-737-2999 (O) 712-209-9992 (C)
Sioux Rivers Regional MHDS- Lyon County	211 Central Ave SW PO 50 Orange City, IA	712-737-2999 (O) 712-209-9992 (C)
Sioux Rivers Regional MHDS- Plymouth County	19 2 nd Ave NW LeMars, IA	712-546-4352 (O) 712-541-2245 (C)
Sioux Rivers Regional MHDS- O’Brien County	19 2 nd Ave NW LeMars, IA	712-546-4352 (O) 712-541-2245 (C)
Sioux Rivers Regional MHDS- Dickinson County	1802 Hill Ave Suite 2502 Spirit Lake, IA	712-336-0775 (O) 712-320-7775 (C)
Sioux Rivers Regional MHDS-Emmet County	1802 Hill Ave Suite 2502 Spirit Lake, IA	712-336-0775 (O) 712-320-7775 (C)
Siouxland Mental Health Center	625 Court Street Sioux City, IA 51101	712-252-3871
Seasons Center for Behavioral Health	Main Office: 201 East 11 th St Spencer, IA Other Regional Locations: Sioux Center, Rock Rapids, Spirit Lake	800-242-3871
Plains Area Mental Health	Main Office: 180 10 th St. SE LeMars, IA Other Regional Locations: Orange City	712-546-4624

Creative Living Center	Main Office: 1905 10 th St. Rock Valley, IA Other Regional Locations: Rock Rapids, Orange City, Hawarden, Sioux Center, Sheldon	888-587-2537
Avera Behavioral Health	4400 W 69 th St Sioux Falls, SD	605-322-4005

Sioux Rivers Regional MHDS has designated the following access points for children’s behavioral health services.

Access Point	Location	Contact Information
Sioux Rivers Regional MHDS-Sioux County	211 Central Ave SW PO 50 Orange City, IA	712-737-2999 (O) 712-209-9992 (C)
Sioux Rivers Regional MHDS- Lyon County	211 Central Ave SW PO 50 Orange City, IA	712-737-2999 (O) 712-209-9992 (C)
Sioux Rivers Regional MHDS- Plymouth County	19 2 nd Ave NW LeMars, IA	712-546-4352 (O) 712-541-2245 (C)
Sioux Rivers Regional MHDS- O’Brien County	19 2 nd Ave NW LeMars, IA	712-546-4352 (O) 712-541-2245 (C)
Sioux Rivers Regional MHDS- Dickinson County	1802 Hill Ave Suite 2502 Spirit Lake, IA	712-336-0775 (O) 712-320-7775 (C)
Sioux Rivers Regional MHDS-Emmet County	1802 Hill Ave Suite 2502 Spirit Lake, IA	712-336-0775 (O) 712-320-7775 (C)
Seasons Center for Behavioral Health	Main Office: 201 East 11 th St Spencer, IA Other Regional Locations: Sioux Center, Rock Rapids, Spirit Lake	800-242-3871
Plains Area Mental Health	Main Office: 180 10 th St. SE LeMars, IA Other Regional Locations: Orange City	712-546-4624
Creative Living Center	Main Office: 1905 10 th St. Rock Valley, IA Other Regional Locations: Rock Rapids, Orange City, Hawarden, Sioux Center, Sheldon	888-587-2537
Avera Behavioral Health	4400 W 69 th St Sioux Falls, SD	605-322-4005

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for Sioux Rivers Regional MHDS.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
Sioux Rivers Regional MHDS	Both	Serves County Locations: Dickinson, Emmet, Lyon, O’Brien, Plymouth, and Sioux	Sue Duhn, CAO 1802 Hill Ave Spirit Lake, IA 712-336-6333
Plains Area Mental Health	Both	Service County Locations: Dickinson, Emmet, Lyon, O’Brien, Plymouth, and Sioux	Shawna Kalous, Chief Program Officer Community Services 180 10 th St. SE LeMars, IA 712-546-4624
Seasons Center for Behavioral Health	Adult	Services County Locations:	201 East 11 th St Spencer, IA

		Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	800-242-5101
HHS Targeted Case Management	Both	Statewide	515-281-7163
Wellpoint Iowa	Both	Statewide	800-600-4441
Iowa Total Care	Both	Statewide	833-404-1061
Molina Healthcare of Iowa	Both	Statewide	844-236-0894

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response, and resolution.

24 Hour Crisis Response

Provider	Location	Contact Information
Seasons Center for Behavioral Health	Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	201 East 11 th St. Spencer, IA 800-242-5101
Siouxland Mental Health (Access Center)	Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	625 Court Street Sioux City, IA 712-252-3871
Plains Area Mental Health	Serves County Location: Plymouth	180 10 th St. SE LeMars, IA 712-546-4624

24 Hour Crisis Hotline

Provider	Location	Contact Information
Your life Iowa	Online: https://yourlifeiowa.org/	855-581-8111
988 Suicide & Crisis Lifeline	Online: https://988lifeline.org/	988
Seasons Center for Behavioral Health	Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	Main Office: 201 East 11 th St. Spencer, IA 800-242-5101
Plains Area Mental Health Center	Serves County Locations: Plymouth, Sioux, and Dickinson	Main Office: 180 10 th St. SE LeMars, IA 712-546-4624

Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Flowstate Health	Both	County Hospitals, Jails and MH Committals Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	Steven Slye Stevenslye@flowstate.health Michelle Vore michellevore@flowstate.health Immediate Response: flowstate@onpage.com 515-335-2999 (F) 515-373-5553 (O)
Seasons Center for Behavioral Health	Both	Mobile, In office Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, and Sioux	Main Office: 201 East 11 th St. Spencer, IA 800-242-5101
Plains Area Mental Health	Both	In office Serves County Locations: Plymouth, Sioux, and Dickinson	Main Office: 180 10 th St. SE LeMars, IA 712-546-4624
Siouxland Mental Health	Adult	Access Center	625 Court Street

		Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	Sioux City, IA 712-252-3871
Avera Behavioral Health	Both	In office, Crisis Center, MH Committals Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	4400 W 69 th St. Sioux Falls, SD 605-322-4005

Mobile Response

Provider	Location	Contact Information
Seasons Center for Behavioral Health	Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, and Sioux	Main Office: 201 East 11 th St. Spencer, IA 800-242-5101
Plains Area Mental Health	Serves County Location: Plymouth	180 10 th St. SE LeMars, IA 712-546-4624

Crisis Stabilization Community-based Services

Provider	Adult/Child/Both	Location	Contact Information
Seasons Center for Behavioral Health	Both	Location: Spencer, IA Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, and Sioux	Main Office: 201 East 11 th St. Spencer, IA 800-242-5101
Plains Area Mental Health	Both	Location: Plymouth	Main Office: 180 10 th St. SE LeMars, IA 712-546-4624

Crisis Stabilization Residential Services

Provider	Adult/Child/Both	Location	Contact Information
Siouxland Mental Health (Access Center)	Adult	Location: Sioux City, IA Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	625 Court Street Sioux City, IA 712-252- 3871
Plains Areas Mental Health Center (Turning Point)	Adult	Location: Sac City, IA Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	712-662-8055 (O) 712-662-8055 (C) 712-662-8054 (F)
Seasons Center for Behavioral Health	Adult	Opening: FY24/25 Location: Spencer, IA Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	Main Office: 201 East 11 th St. Spencer, IA 800-242-5101
Avera Behavioral Health	Child	Location: Sioux Falls, SD Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	4400 W 69 th St Sioux Falls, SD 605-322-4005

23-Hour Observation

Provider	Location	Contact Information
Siouxland Mental Health (Access Center)	Location: Sioux City, IA Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	625 Court Street Sioux City, IA 712-252-3871
Seasons Center for Behavioral Health	Opening: FY24/25 Location: Spencer, IA	Main Office: 201 East 11 th St.

	Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	Spencer, IA 800-242-5101
Avera Behavioral Health	Location: Sioux Falls, SD Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	4400 W 69 th St Sioux Falls, SD 605-322-4005

Sioux Rivers Regional MHDS residents are required to complete a regional application and subject to guidelines set forth in the Regional Management Plan. Crisis services are not subject to eligibility requirements; however, a regional application is strongly encouraged to support follow-up care and services as recommended. As agreed, by Regional Chief Executive Officers all regions will honor all regional crisis contracts to ensure quality crisis services for all Iowans.

D. Intensive Mental Health Services

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Siouxland Mental Health (Access Center)	Location: Sioux City, IA Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	625 Court Street Sioux City, IA 712-252-3871

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Seasons Center for Behavioral Health	Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	Main Office: 201 East 11 th St. Spencer, IA 800-242-5101

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Siouxland Mental Health	Location: Sioux City, IA Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	625 Court Street Sioux City, IA 712-252-3871

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
Lakes Lifeskills	Location: Spirit Lake, IA Serves County Locations: Dickinson, Emmet, Lyon, O'Brien, Plymouth, and Sioux	PO Box 431 1601 Keokuk Ave Spirit Lake, IA 712-339-9311

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by Sioux Rivers Regional MHDS. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in section F. Eligibility for Adult Services of Sioux Rivers Regional MHDS policy and procedure manual, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service name. Eligibility guidelines for children’s behavioral health services are located in section G. Eligibility for Children Services of Sioux Rivers Regional MHDS policy and procedure manual. The Policy and procedure manual can be found online at:

https://www.siouxrivers.com/files/management_plan_72837.pdf

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other nongovernmental funding is to be used prior to expending state regional service payment dollars.

Table A. Expenditures

FY 2025 Budget	XXXX MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 203,859					\$ 203,859
42306	Medication prescribing & management **	\$ 99,259					\$ 99,259
43301	Assessment, evaluation, and early identification **	\$ 99,259					\$ 99,259
71319	Mental health inpatient therapy-MHI	\$ 82,500					\$ 82,500
73319	Mental health inpatient therapy **	\$ 72,500					\$ 72,500
Crisis Services							
32322	Personal emergency response system	\$ -					\$ -
44301	Crisis evaluation	\$ 278,100					\$ 278,100
44302	23-hour crisis observation & holding	\$ 13,406					\$ 13,406
44305	24-hour access to crisis response	\$ -					\$ -
44307	Mobile response **	\$ 205,527					\$ 205,527
44312	Crisis Stabilization community-based services **	\$ 93,160					\$ 93,160
44313	Crisis Stabilization residential services **	\$ 104,779					\$ 104,779
44379	System building & sustainability - Crisis	\$ 1,250,470					\$ 1,250,470
44396	Access Centers: start-up / sustainability	\$ 53,623					\$ 53,623
Support for Community Living							
32320	Home health aide	\$ -					\$ -
32325	Respite	\$ 52,500					\$ 52,500
32328	Home & vehicle modifications	\$ -					\$ -
32329	Supported community living	\$ 47,364					\$ 47,364
42329	Intensive residential services	\$ 146,000					\$ 146,000

	Support for Employment					
50362	Prevocational services	\$ -				\$ -
50364	Job development	\$ -				\$ -
50367	Day habilitation	\$ 52,000				\$ 52,000
50368	Supported employment	\$ 2,000				\$ 2,000
50369	Group Supported employment-enclave	\$ -				\$ -
50379	System building & sustainability - IPS & Vocational	\$ 40,000				\$ 40,000
	Recovery Services					
45323	Family support	\$ -				\$ -
45366	Peer support	\$ 2,000				\$ 2,000
	Service Coordination					
21375	Case management	\$ -				\$ -
24376	Health homes	\$ -				\$ -
	Sub-Acute Services					
63309	Subacute services-1-5 beds	\$ 53,623				\$ 53,623
64309	Subacute services-6 and over beds	\$ -				\$ -
	Core Evidenced Based Treatment					
04422	Education & Training Services - provider competency	\$ 30,000				\$ 30,000
32379	System building & sustainability - Supported housing	\$ -				\$ -
32396	Supported housing	\$ -				\$ -
42398	Assertive community treatment (ACT)	\$ 47,903				\$ 47,903
45373	Family psychoeducation	\$ -				\$ -
45379	System building & sustainability - FPE & Recovery Svcs	\$ -				\$ -
	Core Domains Total	\$ 3,029,832	\$ -	\$ -	\$ -	\$ 3,029,832
	Mandated Services					
46319	Oakdale	\$ -				\$ -
72319	State resource centers	\$ -				\$ -
74XXX	Commitment related (except 301)	\$ 55,000				\$ 55,000
75XXX	Mental health advocate	\$ 105,393				\$ 105,393
	Mandated Services Total	\$ 160,393	\$ -	\$ -	\$ -	\$ 160,393
	Additional Core Domains					
	Justice system-involved services					
25xxx	Coordination services	\$ -				\$ -
25378	Contracted coordination services	\$ -				\$ -
44346	24 hour crisis line*	\$ -				\$ -
44366	Warm line*	\$ -				\$ -
46305	Mental health services in jails	\$ 55,900				\$ 55,900
46398	Outpatient Competency Restoration	\$ 13,619				\$ 13,619
46399	Justice system-involved services-other	\$ 24,000				\$ 24,000
46422	Crisis prevention training	\$ 19,220				\$ 19,220
46425	Mental health court related costs	\$ -				\$ -
74301	Civil commitment prescreening evaluation	\$ 1,500				\$ 1,500

	Additional Core Evidenced based treatment					
42366	Peer Wellness / Wellness and Recovery Centers	\$ 62,400				\$ 62,400
42379	System building & sustainability - Non crisis	\$ 146,000				\$ 146,000
42397	Psychiatric rehabilitation (IPR)	\$ -				\$ -
	Additional Core Domains Total	\$ 322,639	\$ -	\$ -	\$ -	\$ 322,639
	Other Informational Services					
03371	Information & referral	\$ -				\$ -
04372	Planning, consultation &/or early intervention (client related) **	\$ 85,778				\$ 85,778
04377	Provider Incentive Payment					\$ -
04399	Consultation Other	\$ -				\$ -
04429	Planning and Management Consultants (non-client related)	\$ -				\$ -
05373	Public education, prevention and education **	\$ 111,044				\$ 111,044
	Other Informational Services Total	\$ 196,822	\$ -	\$ -	\$ -	\$ 196,822
	Community Living Supports					
06399	Academic services	\$ -				\$ -
22XXX	Services management	\$ 342,436				\$ 342,436
22378	Contracted services management	\$ -				\$ -
23376	Crisis care coordination	\$ -				\$ -
23378	Contracted crisis care coordination	\$ -				\$ -
23399	Crisis care coordination other	\$ -				\$ -
24399	Health home other	\$ -				\$ -
31XXX	Transportation	\$ 85,000				\$ 85,000
32321	Chore services	\$ -				\$ -
32326	Guardian/conservator	\$ -				\$ -
32327	Representative payee	\$ -				\$ -
32335	CDAC	\$ -				\$ -
32399	Other support	\$ -				\$ -
33330	Mobile meals	\$ -				\$ -
33340	Rent payments (time limited)	\$ 1,500				\$ 1,500
33345	Ongoing rent subsidy	\$ -				\$ -
33399	Other basic needs	\$ -				\$ -
41305	Physiological outpatient treatment	\$ -				\$ -
41306	Prescription meds	\$ -				\$ -
41307	In-home nursing	\$ -				\$ -
41308	Health supplies	\$ -				\$ -
41399	Other physiological treatment	\$ -				\$ -
42309	Partial hospitalization	\$ -				\$ -
42310	Transitional living program	\$ 10,000				\$ 10,000
42363	Day treatment	\$ -				\$ -
42396	Community support programs	\$ 1,000				\$ 1,000
42399	Other psychotherapeutic treatment	\$ -				\$ -
43399	Other non-crisis evaluation	\$ -				\$ -

44304	Emergency care	\$	-				\$	-	
44399	Other crisis services	\$	146,000				\$	146,000	
45399	Other family & peer support	\$	-				\$	-	
46306	Psychiatric medications in jail	\$	6,000				\$	6,000	
50361	Vocational skills training	\$	-				\$	-	
50365	Supported education	\$	-				\$	-	
50399	Other vocational & day services	\$	-				\$	-	
63XXX	RCF 1-5 beds (63314, 63315 & 63316)	\$	-				\$	-	
63XXX	ICF 1-5 beds (63317 & 63318)	\$	-				\$	-	
63329	SCL 1-5 beds	\$	-				\$	-	
63399	Other 1-5 beds	\$	-				\$	-	
	Community Living Supports	\$	591,936	\$	-	\$	-	\$	591,936
	Other Congregate Services								
50360	Work services (work activity/sheltered work)	\$	-				\$	-	
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$	300,000				\$	300,000	
64XXX	ICF 6 and over beds (64317 & 64318)	\$	-				\$	-	
64329	SCL 6 and over beds	\$	-				\$	-	
64399	Other 6 and over beds	\$	-				\$	-	
	Other Congregate Services Total	\$	300,000	\$	-	\$	-	\$	300,000
	Administration								
11XXX	Direct Administration					295,404	\$	295,404	
12XXX	Purchased Administration					72,838	\$	72,838	
	Administration Total					\$	368,242	\$	368,242
	Regional Totals	\$	4,601,622	\$	-	\$	-	\$	4,969,864
(45XX-XXX)County Provided Case Management								\$	-
(46XX-XXX)County Provided Services								\$	-
	Regional Grand Total							\$	4,969,864

Table B. Revenues

FY 2025 Budget	XXXX MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/24		\$ 533,875
	Local/Regional Funds		\$ 132,556

1010	Delinquent Property Tax		
25XX	Other Governmental Revenues		
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest	\$90,000	
6XXX	Use of Money & Property		
8XXX	Miscellaneous	\$42,556	
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$ 4,347,226.44
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments	\$4,347,226	
2644	State Regional Service Payments (Refund to State)		
2643	State Incentive Funds		
	Other		
	Federal Funds		\$ -
2345	Medicaid		
	Other		
	Total Revenues		\$ 4,479,782

Total Funds Available for FY2025	\$ 5,013,658
FY25 Projected Regional Expenditures	\$ 4,969,864
Accrual Fund Balance as of 6/30/2025	\$ 43,794

G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by Sioux Rivers Regional MHDS in the identification of service need and funding necessary for services.

The FY25 budget has been finalized, strategically incorporating both state and other contracted revenue streams. Sioux Rivers receives revenue from Iowa Health and Human Services based upon a per capita rate of \$.42, as well as other revenues related to crisis provider paybacks and the allocated funds from Care Connections of Northern Iowa for the shared Judicial Advocate. This comprehensive approach ensures optimal resource allocation for the upcoming fiscal year, strengthening financial sustainability and support for essential services. In FY24, a notable adjustment was made regarding the allowable fund balance, which was set at 5% for FY25. This change led to withholdings and paybacks to Iowa Health and Human Services (HHS). By carefully managing expenditures in FY24, we have attempted to bring our fund balance down by providing dollars to providers to fill gaps in services and needs for clients within our region, while also being fiscally responsible.

The FY24 annual service and budget report emphasized increased programming in the areas of Justice Involved Services and Children’s Respite care. Despite the anticipation of significant utilization, the actual uptake fell short of expectations. However, recognizing the importance these programs play in addressing mental health and disability

services within our six counties, FY25 has allocated continued funding; however, a decrease in budget allocation was noted in some of the line items.

While the utilization of these programs didn't meet expectations in all related line items in FY24, there was a noteworthy surge in utilization observed in other areas, particularly in Peer Support programming and jail and hospital crisis evaluations. As a result, FY25 annual service and budget report makes budgetary adjustments for the utilization of these and other programs. Both of Sioux Rivers contracted peer support providers successfully met their CAP FY24 budget amounts by mid-year, suggesting a significant demand for these services and increase in allotment for FY25. Despite a decrease in funding for many of the justice involved service line items, an increase in utilization was observed around emergency crisis evaluations for incarcerated individuals. This uptick can be attributed to the addition of all six county jails in FY24 and the subsequent rise in utilization rates with this full onboarding. For this reason, an increase in funding allotment for these services is noted in FY25 budget. Along with the increase in utilization for jail-based crisis evaluations, all the hospitals within the Sioux Rivers Region have been onboard with Flowstate for hospital crisis evaluations. This has also led to an increase in utilization for this service and as a result an increase in funding for FY25.

In FY24, Outpatient Competency Restoration (OCR) was introduced as a core service for both adults and children. Dedicated funding allocation for OCR was not evident during the introductory fiscal year, as the program was still in development. However, in FY25, OCR will be funded on a per capita basis, enabling a more accurate allocation process. This transition has resulted in a substantial decrease in funding for FY25, reflecting a more efficient and accurate resource allocation.

In FY25, a long-standing employment grant for supported employment providers has been discontinued. Noting the importance of continuing to support the growth and utilization of these programs, this decision follows on-going sustainability conversations with these service providers. Through these discussions it became apparent that alternative strategies were needed to continue to support sustainability and growth. It was identified that assistance with transportation costs could offer a helpful solution, as evidenced in Peer Support programming, to enable providers to continue to serve current clients while potentially increasing utilization of their services. This change in funding reflects Sioux Rivers' commitment to addressing the needs of our service community while ensuring the sustainability of crucial support programming.

The state of Iowa is currently in the process of working towards state certification of Certified Community Behavioral Health Centers (CCBHCs), with the potential implementation expected at the start of FY25. This development brings about a significant level of uncertainty, particularly regarding allocations for crisis programming. While the current budget allocates funds to fully support our crisis programming, the introduction of CCBHCs is anticipated to have a substantial impact on these resources. By this CEO's estimation, approximately 75% of crisis services will be funded through the CCBHC payment system rather than from Sioux Rivers allocated funding. In alignment with the CCBHC initiative, in FY25, Sioux Rivers will be partnering with Plains Area Mental Health to provide crisis services in Plymouth County, while Seasons Center for Behavioral Health will continue as the contracted provider for the remaining five counties within the Sioux Rivers region. This strategic approach aims to ensure continued access to vital crisis services while adapting to the proposed transformational changes to behavioral health care delivery in Iowa.

As we submit the FY25 Annual Service and Budget Report, there exists uncertainty regarding the future direction of the MHDS regions. Pending legislation suggests that FY25 may mark the last year of the MHDS region support for our contracted providers and counties of service. The proposed legislation also mentions Administrative Service Organizations as a potential replacement funding stream. However, the specifics of the transition plan and proposed state behavioral health plan remain uncertain at the time of this report submission, as the proposed bill has not yet

passed through legislation. In light of this uncertainty, Sioux Rivers Regional MHDS remains committed to doing everything possible to collaborate with HHS and our providers to ensure the continuation of quality care for the residents of Emmet, Dickinson, Lyon, Sioux, O'Brien, and Plymouth Counties. We remain dedicated to serving our communities and vow to be as transparent as necessary as we all navigate the potential changing landscape of behavioral health care and disability service funding and administration.

H. Provider Reimbursement Provisions

The following is a description of the types of funding used by Sioux Rivers Regional MHDS.

- **Fee for service:** Sioux Rivers Regional MHDS will contract with MHDS providers whose base of operation is within the region. Sioux Rivers may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization apart from court ordered payments, such as civil commitment costs and crisis services.
- **Block grant payments:** Block grant payments are made to regional service providers when the service they are delivering is on a per capita basis and does not have adequate funding or other sources to cover the operational costs. Example: Crisis Services
- **Compensation for a "system of care" approach:** Sioux Rivers does not have a per member/per month reimbursement model in place. However, value-based contracting is something that may be explored in the future as health care reimbursement appears to be moving towards this approach.
- **Use of nontraditional providers:** When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation, or other state approval standards.
- **Incorporation of all funding sources for individuals including Medicaid:** Sioux Rivers is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. (Insert region) will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.